



SUPPORTING DOCUMENTS

3.2.2

**NUMBER OF WORKSHOPS/SEMINARS CONDUCTED ON RESEARCH
METHODOLOGY, INTELLECTUAL PROPERTY RIGHTS (IPR) AND
ENTREPRENEURSHIP DURING THE YEAR**



Virtual Workshop on "Promoting International Bonding With College Students"

The Women Cell and Gender Champion Club of St. Bede's College, Shimla, organised a virtual workshop on "Promoting International Bonding with College Students" on February 25, 2025. The workshop aimed to foster intergenerational relationships, uphold ethical values, and explore the impact of technological advancements on family dynamics. The event featured two distinguished resource persons, Dr Seema Kashyap, Associate Professor at the University of Legal Studies, Chaura Maidan, Shimla, and Dr SN Ghosh, Professor at the Department of Psychology, Himachal Pradesh University (HPU). The workshop provided valuable insights into intergenerational bonding, respect for ethics, and the role of technology in shaping relationships.

Objective: The initiative aimed to promote international and intergenerational connections while highlighting the role of ethics in building strong relationships. It encouraged students to honour their cultural heritage alongside modern adaptations and explored the impact of technology, including AI, on intergenerational dynamics. Interactive activities fostered awareness of family traditions and the importance of shared wisdom.

Description: Dr. Seema Kashyap's session stressed the vital role of intergenerational bonding and ethical values in a thriving society. She emphasised the need to respect and cherish the wisdom of elders, recognising their invaluable contributions. Furthermore, she highlighted how ethical values are fundamental in shaping individual character and fostering integrity and responsibility. Dr Kashyap explained that mutual respect and meaningful relationships within families and communities are the cornerstones of strong societal bonds, creating a supportive and interconnected environment. Finally, she challenged students to find a harmonious balance between preserving their cultural heritage and adapting to the evolving demands of contemporary lifestyles, encouraging them to embrace both tradition and progress.

Dr. SN Ghosh's session delved into the widening historical gap between generations, exploring how evolving lifestyles and broader societal shifts have reshaped family dynamics. He illuminated how technological advancements have fundamentally altered communication patterns and relationships between different age groups, creating both opportunities and obstacles for connection. The discussion extended to the benefits and challenges of Artificial Intelligence (AI) in potentially bridging these generational gaps, offering new avenues for interaction while also raising concerns about digital divides. Dr Ghosh also emphasised the continuing importance of physical proximity and shared spaces in nurturing and maintaining emotional connections across generations. He then presented a multifaceted perspective, incorporating viewpoints from children, youth, adults, and the elderly on practical strategies for strengthening family bonds in the face of these modern challenges.

Interactive Activities



The workshop incorporated engaging activities to encourage student participation and practical understanding of the discussed concepts. These included:

Poster-Making and Slogan-Writing:

Students expressed their thoughts creatively on family bonds, ethical values, and generational harmony through posters and slogans. The activity helped them visually represent the importance of unity and respect across generations.

Traditional Recipes and Home Remedies Sharing:

One of the most engaging segments of the workshop involved students sharing traditional recipes and home remedies passed down by their grandparents. This activity highlighted the rich cultural wisdom of older generations and reinforced the importance of preserving family traditions and knowledge.

Skit Performance:

The workshop concluded with a skit performed by students, showcasing real-life scenarios emphasizing mutual respect, emotional connections, and bridging generational gaps. The performance effectively conveyed the importance of fostering strong family relationships and understanding different generational perspectives.

Outcomes: The workshop, organised by the Women Cell and Gender Champion Club , successfully fostered insightful discussions on intergenerational bonding, ethical values, and evolving family dynamics in the digital age. Students enhanced their awareness of intergenerational relationships, appreciated cultural preservation through shared traditions, and explored the impact of technology on family bonds. Interactive activities encouraged active participation and emphasised the importance of emotional well-being across generations. The event reinforced the significance of mutual respect and adapting to modern advancements while staying rooted in traditional values, leaving participants with a memorable and enriching experience. The organisers expressed their gratitude to the resource persons, faculty, and students for their enthusiastic involvement.



St. Bede's College

NAAC RE-ACCREDITED 'A' GRADE



WOMEN CELL & GENDER CHAMPION CLUB

(UNDER THE AEGIS OF IQAC)

*Organises Workshop
on*

PROMOTING INTERGENERATIONAL BONDING WITH COLLEGE STUDENTS

sponsored by

NATIONAL INSTITUTE OF SOCIAL DEFENCE

(MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVERNMENT OF INDIA)

RESOURCE PERSONS



Dr. S.N.Ghosh
Professor

Department of Psychology
Himachal Pradesh University, Shimla



Dr. Seema Kashyap
Associate Professor

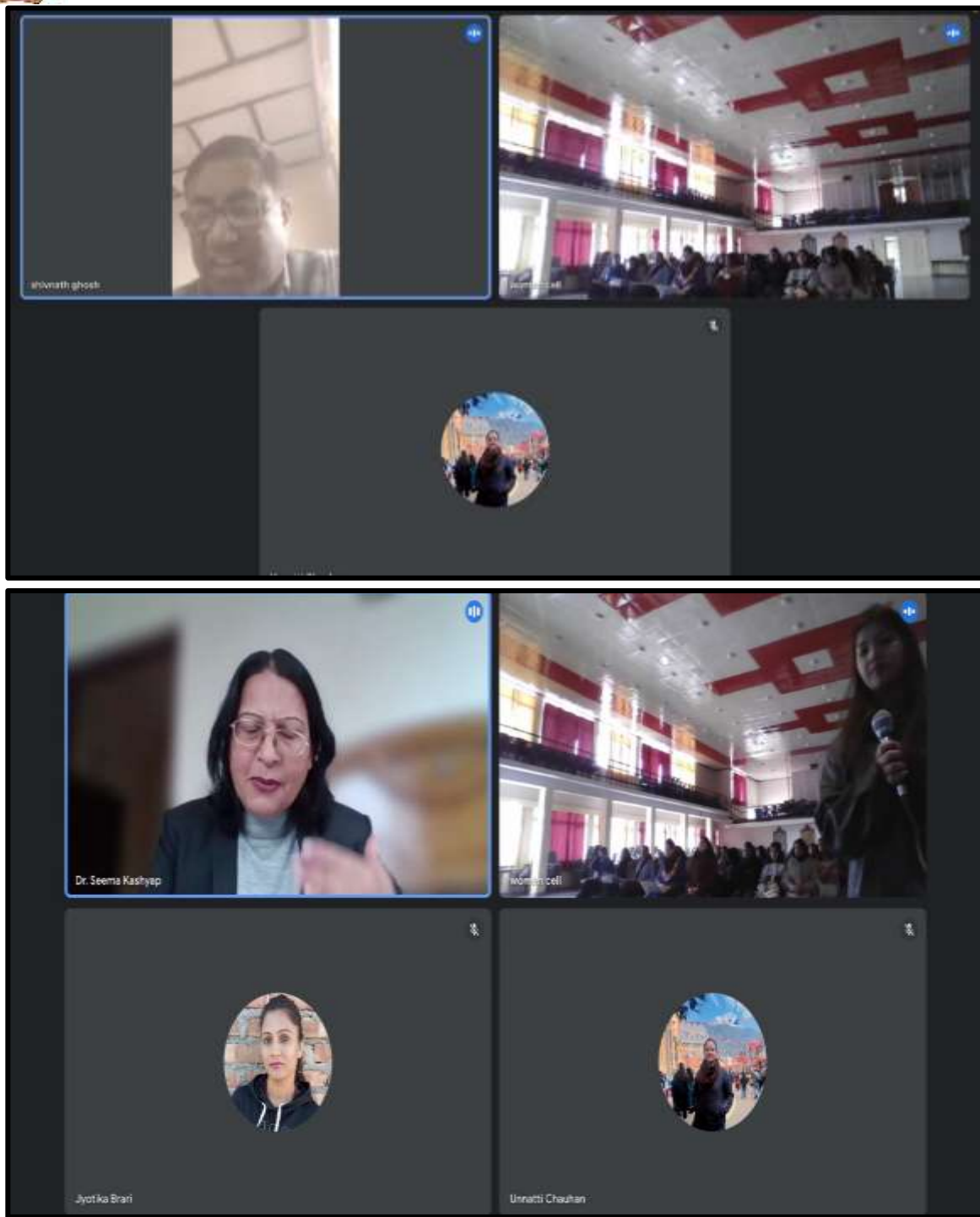
University Institute of Legal Studies
Chaura Maidan, Shimla

DATE: FEBRUARY 25, 2025

TIME: 9:30 AM ONWARDS

VENUE : AUDITORIUM

Brochure



Virtual Workshop on "Promoting International Bonding With College Students"(February 25, 2025)



पोस्टर स्पर्धा में रोजली और नारा लेखन में श्रुति अव्वल सेंट बीइस कॉलेज में स्पर्धाओं का आयोजन



सेंट बीइस कॉलेज में आयोजित कार्यशाला में भाग लेती छात्राएं और विभिन्न स्पर्धाओं की विजेता शिक्षकों के साथ। अमर उजाला

अमर उजाला ब्यूरो

शिमला। सेंट बीइस कॉलेज के महिला प्रकोष्ठ और जेंडर चैंपियन कमेटी ने मंगलवार को अंतर पीढ़ी संबंधों पर कार्यशाला का आयोजन किया।

इस मौके पर आयोजित पोस्टर स्पर्धा में रोजली थापा ने पहला, रित्विका ने दूसरा, नारा लेखन में श्रुति शर्मा ने पहला, ममता मेहरा ने दूसरा तथा स्कैच बनाने में दिव्या उनियाल ने पहला स्थान पाया। ऑनलाइन और ऑफलाइन मोड से आयोजित इस कार्यशाला में विश्वविद्यालय से सेवानिवृत्त मनोविज्ञान प्रो. एसएन घोष, यूआईएलएस विधि संस्थान की शिक्षिका डॉ. सीमा कश्यप ने स्रोत

व्यक्ति के रूप में शिरकत की और रिश्तों की अहमियत बताई। सीमा कश्यप ने अपने से बड़ों के आदर सत्कार करने और बड़ों के साथ जुड़े रहने के लिए उनसे नियमित रूप से बातचीत करने पर जोर दिया। कहा कि इससे रिश्ते मजबूत होते हैं।

मनोवैज्ञानिक प्रो. एसएन घोष ने सामाजिक, तकनीकी विकास, बदलते लाइफ स्टाइल बारे बताया। छात्राओं को बताया कि कैसे एक-दूसरे से मिलकर बातचीत कर रिश्तों को मधुर बनाया जा सकता है। कहा कि परिवार का आपस में मेलजोल होना जरूरी है। कार्यशाला में छात्राओं ने नुक्कड़ नाटक का मंचन कर रिश्तों का महत्व बताया।

Media Coverage



Women Cell & Gender Champion Club
St. Bede's College, Shimla

ATTENDANCE SHEET

Activity: "Promoting Intergenerational Bonding With College Students"

Date: February 25, 2025

Organising Unit: Women Cell & Gender Champion Club

Sr. No.	Name of the Student	Class	Signature
1)	TAMANNA	B.A. III rd	Tamanna
2)	JAHNVI	B.A III rd	Jahnvi
3)	HITESHI	B.A III rd	Hiteshi
4)	NIYIKA	B.A III rd	Niyika
5)	URVASHI	B.A III rd	Urvashi
6)	NANCY	B.A III rd	Nancy
7)	ASHIMA	B.A III rd	Ashima
8)	RIYA SHARMA	BA III rd	Riya
9)	SRIJAL KIDLA	BA III rd	Srijal
10)	SONAL SARDANI	BA III rd	Sonal
11)	KRITIKA PUNDIR	BA III rd	Kritika
12)	RIYA KAUNDAL	BA III rd	Riya
13)	JIGYASA PATYAL	BA III rd	Jigyasa
14)	MITALI CHAUHAN	BA III rd	Mitali
15)	MEHAK TANWAR	BA III rd	Mehak
16)	HIMANI VERMA	BA III rd	Himani
17)	PRİYAL SHARMA	BA III rd	Priyal
18)	SONAM ANAND	BA III rd	Sonam

Principal
25/02/25
St. Bede's College

Attendance Sheet



Women Cell & Gender Champion Club
St. Bede's College, Shimla

19)	AANVI HASTU	BA Part III	Aanvi
20)	RITIKA BERRY	BA Part III	Ritika
21)	PRAPTI JOSEPH REDDY	BA Bess III	Prapti
22)	SHAYANTIKA CHAKRABORTY	BA Part III	Shay
23)	AANYA SAROCH	BA III	Aanya
24)	PRIYANSHU GANDEL	MSC IV	Priyanshu
25)	SHIVANI THAKUR	MSC II	Shivani
26)	ANUJA	MSC II	Anuj
27)	ANANTIKA NEGI	MSC IV	Anika
28)	HIMANI THAKUR	MSC IV	Himani
29)	YAMUNA KATICH	MSC IV	Yamuna
30)	SANRITI THAKUR	MSC IV	Sanritha
31)	SAKSHI BHAROWAT	MSC IV	Sakshi
32)	Radhika Singh	MSC IV	Radhika
33)	PRIKSHA DOLRA	MSC IV	Priksa
34)	RIDHI DHANTA	MSC IV	Ridhi
35)	VIDHUTI	MSC IV	Vidhuti
36)	VAREKA	MSC IV	Vareka
37)	SAKSHI	MSC IV	Sakshi
38)	SHWETA FUNIA	MSC IV	Shweta
39)	Singara Thakur	MSC IV	Singara
40)	PRATISHTHA SHARMA	BA III	Pratishtha

25/05/20
Principal
St. Bede's College
Shimla

Attendance Sheet



Women Cell & Gender Champion Club
St. Bede's College, Shimla

41)	ANJALI THAKUR	BA I st	Anjali
42)	PRIYANSHI SHARMA	BA I st	Priyanshi
43)	PRITYANKA VERMA	BA I st	Prityanka
44)	SNEHA VERMA	BA I st	Sneha
45)	PRIYANSHI THAKUR	BA I st	Priyanshi
46)	DIKSHITA NEGI	BA I st	Dikshita
47)	APRAJITA CHAUDHAN	BA I st	Apajita
48)	SHURUTI	BA I st	Shuruti
49)	JANVI KANWAR	BA I st	Janvi
50)	DIJANODE AULICH	BA III	Dijanode
51)	SHIMONA JANDDEV	BA I	Shimona
52)	PERNA	BA I	Perna
53)	ANUSHKA SHARMA	BA I	Anushka
54)	JANSHIKA BHARDWAJ	M.Sc II	Janshika
55)	Jisha Jinnwal	M.Sc IV	Jisha
56)	SARGAM THAKUR SAWANT	M.Sc IV	Sargam
57)	TANVI THAKUR	BA I year	Tanvi
58)	ANUSHKA THAKUR	BA I year	Anushka
59)	LAVANYA BHATT	B.Tech-2	Lavanya
60)	ARIKA CHAUDHAN	B.Tech-2	Arika
61)	SHATAKSHI RANJAT	B.Tech-2	Shatakshi
62)	ASTHA	BA III year	Astha


Roll No.
05/BA/105
Principal
St. Bede's College



Women Cell & Gender Champion Club
St. Bede's College, Shimla

63)	DIVYA UNIYAL	BA III rd year (ESCI)	Tij
64)	KRITIKA CHAUDHARY	BA III rd year	Kritika
65)	TASHI WANGMO	BA III rd year	Tashi
66)	SAMREEN KAUR	BA II nd year	Samreen
67)	Sukani GHAI	BA II nd year	Sukani
68)	PALAK AGGARWAL	BA II nd year	Palak
69)	ARJUN CHAUHAN	BA II nd year	Arjun
70)	Aruni Gupta	BA II nd year	Aruni
71)	Vanshika Kalyan	BA I st year	Vanshika
72)	Jahnvi Sharma	BA I st year	Jahnvi
73)	Shreya Kumari	BA I st year	Shreya
74)	Aashka Pansari	BA I st year	Aashka
75)	AISHWARYA	BA I st year	Aishwarya
76)	SAUMYA THAKUR	BA I st year	Saumya
77)	ANCHAL SHARMA	BA I st year	Anchal
78)	NAVYA THAKUR	BA I st year	Navya
79)	ANKITA RATHORE	BA I st year	Ankita
80)	POOJA	BA I st year	Pooja


Convenor
Women Cell & Gender Champion Club


25/02/20
Principal
St. Bede's College
Shimla

Attendance Sheet